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No information contained in this site should be taken as medical advice or diagnoses, nor should it be seen as a replacement or alternative to any medical advice given by your doctor. As always, seek the advice of your doctor or other qualified medical provider before embarking on a wellness program.

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Membership to the program entitles you to full access of all the videos and materials located in the members area of our website. Members may sign into the member area from no more than two different locations (i.e. home and office).

Those who are found sharing their membership with others will be terminated from the membership program without refund of their membership fees. Accounts terminated for breach of these terms and conditions will lose all access to the members area of our website and all member services and benefits will be revoked immediately.